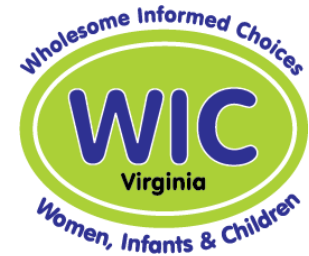


APPLYING FOR WIC IN HAMPTON ROADS



“The goal of Virginia WIC (Women, Infants, and Children) is to improve the health of pregnant women, infants and children (under 5 years) through better nutrition and access to health care. The Program provides nutrition education, breastfeeding promotion and support, supplemental nutritious foods, counseling at WIC clinics, and screening and referrals to other health, welfare, and social services. To be eligible for the WIC Program, applicants must meet categorical, residential, income, and nutrition risk requirements.”

Virginia Department of Health

APPLY FOR WIC BY CALLING THE OFFICE
ASSOCIATED WITH YOUR ADDRESS, OR ONLINE
AT WWW.MYVAWIC.ORG



CHESAPEAKE

Great Bridge

757-382-8608

748 N Battlefield Blvd.
Chesapeake, VA 23320

South Norfolk

757-382-2651

490 Liberty St., Suite A
Chesapeake, VA 23324



PORTSMOUTH

Health Department

757-393-5340

1701 High St., 1st Floor
Portsmouth, VA 23704



NORFOLK

Park Place

757-985-4856

606 West 29th Street
Norfolk, VA 23508

Huntersville

757-683-9280

830 Goff Street
Norfolk, VA 23504

Little Creek

757-985-4878

Currently housed at Park
Place office.

NORFOLK WIC TAKES APPOINTMENTS ON TUESDAYS AND THURSDAYS
AT [THE NORFOLK NMCRS OFFICE](#) FROM 0815-1615.

EMAIL: NORFOLKWIC@VDH.VIRGINIA.GOV

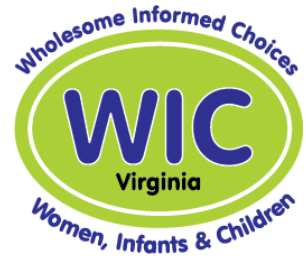
CALL/TEXT “WIC” TO 757-435-6417



BUDGET FOR
BABY® *Portsmouth*

Notes:

APPLYING FOR WIC IN HAMPTON ROADS



VIRGINIA BEACH WIC TAKES APPOINTMENTS MONDAY THROUGH
FRIDAYS AT NAS OCEANA FFFSC FROM 0730-1630.
CALL 757-491-5928



VIRGINIA BEACH

Pembroke

757-518-2789

4452 Corporation Ln., Ste 200
Virginia Beach, VA 23462

Oceanfront

757-491-5183

1091 Norfolk Ave., Ste 204
Virginia Beach, VA 23451

Indian River

757-424-9970

900 Commonwealth Pl.
Virginia Beach, VA 23464



HAMPTON PENINSULA

East End

757-247-8079

1033 28th St.
Newport News, VA 23607

Peninsula Health Center

757-594-7502

836A J. Clyde Morris Blvd.
Newport News, VA 23601

LaSalle Center

757-727-1140, press 4

1320 LaSalle Ave.
Hampton, VA 23669

Wilsondale

757-224-5007

1206 N King St
Hampton, VA 23669

Williamsburg

757-253-4741

5300 Palmer Lane
Williamsburg, VA 23188



WESTERN TIDEWATER

Suffolk

757-514-4724

135 Hall Ave., Ste A
Suffolk, VA 23434

APPROVAL FOR WIC IS DEPENDENT UPON ALL HOUSEHOLD INCOME
AND FAMILY SIZE. BAH & FSH SHOULD NOT BE INCLUDED. HOWEVER,
MOST OTHER ALLOWANCES, SUCH AS YOUR ANNUAL CLOTHING
ALLOWANCE, WILL BE CALCULATED INTO YOUR TOTAL INCOME.



BUDGET FOR
BABY® *Portsmouth*

Notes: