

Today's Date: _____

Patient

Name: _____

FMP and Sponsor

SSN last four: _____

Contact Number: _____

Date of Birth: _____

18 MONTH WELL CHECK

Do you have any specific concerns today? _____

(Please complete information below: If filled out before, list only changes since the last visit.)

Chronic Medical Conditions	Surgeries/Hospitalizations (Dates)	Family History (biological siblings, parents, grandparents)	Medications (PLEASE INCLUDE DOSAGE)
		Allergies Asthma Other:	<u>(Include over-the-counter meds, Tylenol, Motrin, vitamins, herbal supplements):</u>

Please list any known allergies your child has (drug, food, latex) _____ No Allergies

Circle if anyone in the family has had: Genetic or Metabolic Disease Kidney Disease Deafness before age 5
Birth Defects Early Death or Sudden Unexplained Death of Infant or Child (to include SIDS)

Are your child's immunizations up to date? Yes No

Who does the child live with? _____

Does your child attend daycare? Yes No

Does anyone in the family smoke or is your child exposed to secondhand smoke? Yes No

Do you & and your child feel safe at home? Yes No

Breastfeeding? Yes No How often _____ Minutes per breast _____ Concerns _____

Formula feeding? Yes No Brand _____ Ounces per feed _____ Ounces per day _____

Drinks whole milk? Yes No Ounces per day ____ Drinks Juice Yes No Ounces per day _____

Good variety of table foods? Yes No

Circle if you have concerns about: Bowel movements / Constipation / Sleep problems

Check all the following that apply to your child:

Social/ Cognitive Communicative/ Physical Development	
<input type="checkbox"/> Points to body parts	<input type="checkbox"/> Starting to run
<input type="checkbox"/> Helps with simple tasks	<input type="checkbox"/> Uses spoon (utensils) to eat
<input type="checkbox"/> Plays pretend or copies activities (ex: Feeds doll)	<input type="checkbox"/> Uses 6 or more words regularly
<input type="checkbox"/> Points to show something of interest	

Preferred Language: English Other: _____

What is your preferred method of learning: Verbal Written Visual Other: _____


Are there any cultural or religious considerations that may affect your child's healthcare? Yes No _____

Is your child enrolled in the Exceptional Family Member Program (EFMP/ Q-coded)? Yes No

Is the child's sponsor currently deployed? Yes No

Is this visit deployment related? Yes No

Today's Date: _____

HR		LT		Pain: <input type="checkbox"/> Yes <input type="checkbox"/> No Location of Pain _____  USE FLACC SCALE FOR NON-VERBAL CHILDREN
		Naked WT		
		HC		
				Immunizations UTD per AFCITA: <input type="checkbox"/> Yes <input type="checkbox"/> No Technician Signature: _____

*Other VS per Provider request

HPI:

N E	Examination:	Normal	Abnormal
<input type="checkbox"/>	General:	<input type="checkbox"/> Active/Alert/WN/WD/NAD/ not dysmorphic	<input type="checkbox"/>
<input type="checkbox"/>	Head/Neck:	<input type="checkbox"/> NCAT/Nontender/FROM	<input type="checkbox"/>
<input type="checkbox"/>	Eyes:	<input type="checkbox"/> RR X2, nl corneal reflex, EOMI, no strabismus	<input type="checkbox"/>
<input type="checkbox"/>	R ear:	<input type="checkbox"/> TM gray/nl landmarks, nl pinna/ext ear canal	<input type="checkbox"/> Bulging/immobile/red
<input type="checkbox"/>	L ear:	<input type="checkbox"/> TM gray/nl landmarks, nl pinna/ext ear canal	<input type="checkbox"/> Bulging/immobile/red
<input type="checkbox"/>	Nose:	<input type="checkbox"/> Patent, No congestion/discharge	<input type="checkbox"/> Congested
<input type="checkbox"/>	Oropharynx:	<input type="checkbox"/> Pink, moist, no lesions <input type="checkbox"/> Teeth: NI, no signs of caries	<input type="checkbox"/>
<input type="checkbox"/>	Lungs:	<input type="checkbox"/> CTAB, no retractions, nl WOB	<input type="checkbox"/>
<input type="checkbox"/>	CV:	<input type="checkbox"/> RRR, no murmur, strong femoral pulses, cap refill < 2 sec	<input type="checkbox"/>
<input type="checkbox"/>	Abd:	<input type="checkbox"/> Soft, NT, no HSM, no mass, nl BS, no umbilical/inguinal hernia	<input type="checkbox"/>
<input type="checkbox"/>	Ext/Spine:	<input type="checkbox"/> NL, FROM, nontender, no edema, no lumbosacral pits	<input type="checkbox"/>
<input type="checkbox"/>	Skin:	<input type="checkbox"/> No rash, No bruises	<input type="checkbox"/>
<input type="checkbox"/>	Hips:	<input type="checkbox"/> Full ROM, Symmetric leg folds	<input type="checkbox"/>
<input type="checkbox"/>	Neuro:	<input type="checkbox"/> Normal tone/strength/symmetry	<input type="checkbox"/>
<input type="checkbox"/>	Genitalia:	<input type="checkbox"/> NI female/no adhesions <input type="checkbox"/> NI male, Testes down	
<input type="checkbox"/>	Other findings:	<input type="checkbox"/>	<input type="checkbox"/>

LABS/X-RAYS: H&H (12 months): Lead Screening (if applicable)

PLAN:

F/U: at next well child visit at ___ months, sooner if parental concerns


Patient and/or parent verbalizes understanding of treatment and plan Anticipatory guidance handout provided

PREVENTION: Nutrition SippyCups/No Bottle Dental care Safety/Falls Car Seat Child-proofing the house

Tobacco avoidance

Signature: _____ **Date:** _____

Stamp:

RECORDS MAINTAINED AT: 		
PATIENT'S NAME (Last, First, Middle Initial)		SEX
RELATIONSHIP TO SPONSOR	STATUS	RANK/GRADE
SPONSOR'S NAME		ORGANIZATION
DEPART./SERVICE	SSN/IDENTIFICATION NO.	DATE OF BIRTH



18 Month Questionnaire

17 months 0 days
through 18 months 30 days

On the following pages are questions about activities children may do. Your child may have already done some of the activities described here, and there may be some your child has not begun doing yet. For each item, please fill in the circle that indicates whether your child is doing the activity regularly, sometimes, or not yet.

Important Points to Remember:

- Try each activity with your child before marking a response.
- Make completing this questionnaire a game that is fun for you and your child.
- Make sure your child is rested and fed.
- Please return this questionnaire by _____.

Notes:

At this age, many toddlers may not be cooperative when asked to do things. You may need to try the following activities with your child more than one time. If possible, try the activities when your child is cooperative. If your child can do the activity but refuses, mark "yes" for the item.

COMMUNICATION

	YES	SOMETIMES	NOT YET	
1. When your child wants something, does she tell you by <i>pointing</i> to it?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
2. When you ask your child to, does he go into another room to find a familiar toy or object? (You might ask, "Where is your ball?" or say, "Bring me your coat," or "Go get your blanket.")	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
3. Does your child say eight or more words in addition to "Mama" and "Dada"?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
4. Does your child imitate a two-word sentence? For example, when you say a two-word phrase, such as "Mama eat," "Daddy play," "Go home," or "What's this?" does your child say both words back to you? (Mark "yes" even if her words are difficult to understand.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
5. Without your showing him, does your child <i>point</i> to the correct picture when you say, "Show me the kitty," or ask, "Where is the dog?" (He needs to identify only one picture correctly.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
6. Does your child say two or three words that represent different ideas together, such as "See dog," "Mommy come home," or "Kitty gone"? (Don't count word combinations that express one idea, such as "bye-bye," "all gone," "all right," and "What's that?") Please give an example of your child's word combinations:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—

COMMUNICATION TOTAL —

GROSS MOTOR

	YES	SOMETIMES	NOT YET	___
1. Does your child bend over or squat to pick up an object from the floor and then stand up again without any support?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
2. Does your child move around by walking, rather than by crawling on her hands and knees?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
3. Does your child walk well and seldom fall?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
4. Does your child climb on an object such as a chair to reach something he wants (for example, to get a toy on a counter or to "help" you in the kitchen)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
5. Does your child walk down stairs if you hold onto one of her hands? She may also hold onto the railing or wall. (You can look for this at a store, on a playground, or at home.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
6. When you show your child how to kick a large ball, does he try to kick the ball by moving his leg forward or by walking into it? (If your child already kicks a ball, mark "yes" for this item.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
	GROSS MOTOR TOTAL			___



FINE MOTOR

	YES	SOMETIMES	NOT YET	___
1. Does your child throw a small ball with a forward arm motion? (If he simply drops the ball, mark "not yet" for this item.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
2. Does your child stack a small block or toy on top of another one? (You could also use spools of thread, small boxes, or toys that are about 1 inch in size.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
3. Does your child make a mark on the paper with the tip of a crayon (or pencil or pen) when trying to draw?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
4. Does your child stack three small blocks or toys on top of each other by himself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
5. Does your child turn the pages of a book by himself? (He may turn more than one page at a time.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
6. Does your child get a spoon into her mouth right side up so that the food usually doesn't spill?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	___
	FINE MOTOR TOTAL			___



PROBLEM SOLVING

1. Does your child drop several small toys, one after another, into a container like a bowl or box? (You may show him how to do it.)

YES	SOMETIMES	NOT YET	—
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—

2. After you have shown your child how, does she try to get a small toy that is slightly out of reach by using a spoon, stick, or similar tool?



<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
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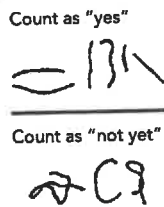
3. After a crumb or Cheerio is dropped into a small, clear bottle, does your child turn the bottle over to dump it out? (You may show him how.) (You can use a soda-pop bottle or a baby bottle.)

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
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4. Without your showing her how, does your child scribble back and forth when you give her a crayon (or pencil or pen)?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
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5. After watching you draw a line from the top of the paper to the bottom with a crayon (or pencil or pen), does your child copy you by drawing a single line on the paper in any direction? (Mark "not yet" if your child scribbles back and forth.)



<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
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6. After a crumb or Cheerio is dropped into a small, clear bottle, does your child turn the bottle upside down to dump out the crumb or Cheerio? (Do not show him how.)

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—*
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PROBLEM SOLVING TOTAL

*If Problem Solving Item 6 is marked "yes" or "sometimes," mark Problem Solving Item 3 "yes."

PERSONAL-SOCIAL

1. While looking at herself in the mirror, does your child offer a toy to her own image?

YES	SOMETIMES	NOT YET	—
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—

2. Does your child play with a doll or stuffed animal by hugging it?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
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3. Does your child get your attention or try to show you something by pulling on your hand or clothes?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
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4. Does your child come to you when he needs help, such as with winding up a toy or unscrewing a lid from a jar?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
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5. Does your child drink from a cup or glass, putting it down again with little spilling?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
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6. Does your child copy the activities you do, such as wipe up a spill, sweep, shave, or comb hair?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	—
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PERSONAL-SOCIAL TOTAL

OVERALL

Parents and providers may use the space below for additional comments.

1. Do you think your child hears well? If no, explain:

YES NO

[Empty rounded rectangular box for explanation]

2. Do you think your child talks like other toddlers his age? If no, explain:

YES NO

[Empty rounded rectangular box for explanation]

3. Can you understand most of what your child says? If no, explain:

YES NO

[Empty rounded rectangular box for explanation]

4. Do you think your child walks, runs, and climbs like other toddlers her age?
If no, explain:

YES NO

[Empty rounded rectangular box for explanation]

5. Does either parent have a family history of childhood deafness or hearing
impairment? If yes, explain:

YES NO

[Empty rounded rectangular box for explanation]

6. Do you have concerns about your child's vision? If yes, explain:

YES NO

[Empty rounded rectangular box for explanation]

OVERALL (continued)

7. Has your child had any medical problems in the last several months? If yes, explain:

YES

NO

8. Do you have any concerns about your child's behavior? If yes, explain:

YES

NO

9. Does anything about your child worry you? If yes, explain:

YES

NO



18 Month ASQ-3 Information Summary

17 months 0 days through
18 months 30 days

Child's name: _____ Date ASQ completed: _____

Child's ID #: _____ Date of birth: _____

Administering program/provider: _____ Was age adjusted for prematurity when selecting questionnaire? Yes No

1. SCORE AND TRANSFER TOTALS TO CHART BELOW: See ASQ-3 User's Guide for details, including how to adjust scores if item responses are missing. Score each item (YES = 10, SOMETIMES = 5, NOT YET = 0). Add item scores, and record each area total. In the chart below, transfer the total scores, and fill in the circles corresponding with the total scores.

Area	Cutoff	Total Score	0	5	10	15	20	25	30	35	40	45	50	55	60
Communication	13.06		●	●	●	●	●	●	●	○	○	○	○	○	○
Gross Motor	37.38		●	●	●	●	●	●	●	●	●	○	○	○	○
Fine Motor	34.32		●	●	●	●	●	●	●	●	○	○	○	○	○
Problem Solving	25.74		●	●	●	●	●	●	●	○	○	○	○	○	○
Personal-Social	27.19		●	●	●	●	●	●	●	○	○	○	○	○	○

2. TRANSFER OVERALL RESPONSES: Bolded uppercase responses require follow-up. See ASQ-3 User's Guide, Chapter 6.

- | | | | | | |
|--|------------|-----------|--|------------|----|
| 1. Hears well?
Comments: | Yes | NO | 6. Concerns about vision?
Comments: | YES | No |
| 2. Talks like other toddlers his age?
Comments: | Yes | NO | 7. Any medical problems?
Comments: | YES | No |
| 3. Understand most of what your child says?
Comments: | Yes | NO | 8. Concerns about behavior?
Comments: | YES | No |
| 4. Walks, runs, and climbs like other toddlers?
Comments: | Yes | NO | 9. Other concerns?
Comments: | YES | No |
| 5. Family history of hearing impairment?
Comments: | YES | No | | | |

3. ASQ SCORE INTERPRETATION AND RECOMMENDATION FOR FOLLOW-UP: You must consider total area scores, overall responses, and other considerations, such as opportunities to practice skills, to determine appropriate follow-up.

If the child's total score is in the area, it is above the cutoff, and the child's development appears to be on schedule.

If the child's total score is in the area, it is close to the cutoff. Provide learning activities and monitor.

If the child's total score is in the area, it is below the cutoff. Further assessment with a professional may be needed.

4. FOLLOW-UP ACTION TAKEN: Check all that apply.

- Provide activities and rescreen in _____ months.
- Share results with primary health care provider.
- Refer for (circle all that apply) hearing, vision, and/or behavioral screening.
- Refer to primary health care provider or other community agency (specify reason): _____
- Refer to early intervention/early childhood special education.
- No further action taken at this time
- Other (specify): _____

5. OPTIONAL: Transfer item responses (Y = YES, S = SOMETIMES, N = NOT YET, X = response missing).

	1	2	3	4	5	6
Communication						
Gross Motor						
Fine Motor						
Problem Solving						
Personal-Social						

Well Child Visit: 18 Months

General Pediatrics Department, Naval Medical Center Portsmouth

After Hours Pediatric Advice Line 953-7716 Poison Control 1-800-222-1222

Appointments or Referrals 1-866-MIL-HLTH How do I call my doctor? 953-7716

Up-to-the-minute health information specially customized for you and your family: www.healthychildren.org

Date: _____ Your child saw Dr. _____ today

Weight: _____ kg (_____ %) _____ lbs _____ oz
Length: _____ cm (_____ %) _____ inches Head Circ: _____ cm (_____ %)

Caring for your young child:

Dental Care: Brush your child's teeth twice a day with a soft toothbrush and water only. To prevent cavities, avoid frequent snacks, sugary drinks, and provide no more than 4 ounces of juice daily. Your child should drink only from a cup. If your child has not seen the dentist, make an appointment now.

Stick to a bedtime routine: Create a consistent bedtime routine with a "wind down" time before bed. Give your child a bath, cuddle, read a book and put your child to sleep. No bottles in bed! Children at this age should sleep through the night. If your child wakes up at night and cries, check to see that your child is safe, and allow your child to put him or herself back to sleep. If your child wanders into your bedroom, quietly return him or her to their own bed.

Meal times: Offer three meals daily and healthy snacks in between. Have your child sit in a highchair while eating. Do not allow walking around, running or excitement during meal time. Encourage your child to feed him or herself with fingers or a spoon. If your child is a picky eater, keep serving sizes small, and continue to offer new foods.

Self-soothing behavior: Many normal young children will engage in thumb sucking, ear pulling, hair pulling, and head banging at this age. Thumb sucking will not harm your child's teeth at this age.

Smoking: Second-hand smoke causes a greater risk for ear infections, chronic stuffy noses, SIDS, asthma and respiratory infections. Second-hand smoke lingers on clothes and everywhere a person has smoked (in the house/car). Never smoke while holding your child. For your child's health, if you smoke, consider quitting.

Development and your young child: Over the next 3-6 months, you can expect your child to

- Say about 30-50 words, put two and three words together, name everything that he or she sees often, and ask many questions, such as "why?" and "what's that?"
- Walk, run, climb, kick a ball, turn a door knob to open a door, and walk up and down stairs without help
- Have difficulty sharing; sometimes show anger by slapping, kicking or biting
- Will start to use one hand more than the other for tasks, demonstrating handedness
- Point to seven body parts and make a tower of eight blocks
- Begin to use crayons with more control besides just scribbling
- Play with a doll or stuffed animal by "taking care of it"- feeding it, rocking it, hugging it

Playtime:

- Great toys at this age are blocks to stack, cans, boxes, balls, simple puzzles, pots and pans, and books with hard pages.
- Read to your child everyday. Point and name all the objects in a book. Your child will begin to mimic these words, and will recognize the pictures.
- Your child will enjoy chase-me, catch-me and find-me games.
- Your child will enjoy copying and mimicking your activities- cleaning, driving, and talking on the phone
- Television is not a good babysitter, and is not recommended for children under age 2. When your child does watch television, talk about what he or she is watching.

Safety:

1. **Falls and injuries:** Falls cause many injuries in mobile children. Use secure gates at the top and bottom of stairways. Use guards on windows. Use safety latches on cabinets and drawers. Keep sharp objects in a secure place. Keep a constant close eye on your child.
2. **Choking:** Avoid toys with small parts that can fall out/off or be removed. Avoid small hard foods like peanuts, popcorn, whole grapes or hotdogs. Keep balloons, coins, plastic bags, and medications out of the reach of your small child. Your child will place any and all things in their mouth. Keep window blinds and curtain cords out of reach- these can strangle young children.
3. **Burns:** Never leave cups of hot liquids on table/counter edges. Use your smoke alarm and check it monthly. Place your child in a highchair, crib or playpen when cooking. Do not leave a hot iron accessible with a dangling cord.
4. **Car accidents:** Your child should always ride in a properly-installed car seat, even on short trips. The safest place for a car seat is in the back seat, facing the rear of the car until your baby is **2 years of age, or until outgrowing the rear-facing guidelines for the car seat**. Be a good example and always wear your seatbelt in the car. Never leave your child alone in the car, not even for "just a second."
5. **Sun:** Keep your child in the shade when possible, and keep his/her head covered with a hat. Use sunscreen on sun exposed areas, avoiding the hands.
6. **Drowning:** Never leave your child alone, or in the care of another small child, *in or near* a bathtub, toilet, bucket of water, swimming pool, or at the beach. Learn CPR.
7. **Poisoning:** Many things can poison children. Watch out for garden and house plants, hair products and cosmetics, and gasoline, insecticides, and cleaning products.

This is a challenging time for many parents! :

- Your child will explore everything, and needs to explore in order to learn. Your child does not know that this exploring can be dangerous or cause accidents. Talk to your doctor about creating safe home for your child to explore. Anticipate that you or a caregiver will ***need to keep a close eye on your child at all times***.
- Set reasonable limits for the safety of your child. You can use a verbal "no," distract, or remove objects from your child's sight. Never use physical punishment.
- Use serious punishment only for misbehavior where real danger exists. Avoid slapping hands or spanking. Use a 1-2 minute time out, choosing a location that is dull, but safe and non-frightening.
- ***Be consistent!*** All caregivers should discuss and agree on what is acceptable and unacceptable behavior.
- Young children have short memories and may repeat a behavior several times before they learn.
- Praise good behavior, such as "I like it when you help me pick up your toys." Don't give rewards after tantrums.
- Remember to take time for yourself.

Illness concerns:

- **Fever:** Fever is a common reason for bringing young children to the emergency room or clinic. If your child has a fever, but is otherwise acting well, you may give your child Tylenol or Motrin. Both viral and bacterial infections can cause a high fever. The temperature of a child with a fever is less concerning than how the child is behaving overall. If a fever lasts for more than 48-72 hours, but your child is still well appearing, call the clinic for further guidance.
- **Use of the emergency room(ER):** Your young child should be brought to the ER if he/she does not look well, is unusually sleepy or inconsolable, is vomiting persistently or excessively, vomits anything green or bloody, is working hard to breathe, is dehydrated or has less than one wet diaper every 6-8 hours, or for other parental concerns.

Immunizations

Your child will receive the DTaP and Hepatitis A vaccines today. The Influenza vaccine is recommended for all children over six months of age during Flu season.

Next Visit

Bring your baby in at 24 months of age for an exam and vaccinations. Always bring your child's immunization card to the clinic. Schedule your appointment 3-6 weeks in advance. Arrive 15 minutes before your appointment for check-in.

**NAVAL MEDICAL CENTER PORTSOUTH
PATIENT CLINICAL SUMMARY /CHECKOUT FORM
CLINIC PHONE NUMBER: (757)-953-7716**

Today you were seen by _____

Medications in the pharmacy (2ND Floor). (Hours Mon-Fri 7:30 a.m. - 9 p.m., Sat 7:30 a.m. - 5 p.m., Sun 9 a.m. - 5 p.m.)

- _____
- _____
- _____

Laboratory, 1st Floor North (Hours are 0630-1600)

Radiology, 1st Floor South (Hours 0730-1600, Call 953-XRAY to schedule for Ultrasound/CT/MRI)

If do not receive a call with your lab or radiology exam results within a week, please email us using Secure Networking or call the clinic

In-House Specialist Referral, Call 1-866-645-4584 (in 48 - 72 hours) to schedule your appointment.

For TRI CARE Network Approved Referrals or additional TRI CARE Issues please call 1-800-444-5445. *if you are not given an appointment scheduled within 28 days from date of any referral, please let us know*

Feel free to call TRICARE or go to www.militaryonesource.com for other health needs like:

- Counseling (12 sessions without referral); 24 hour hotline number: 1-800-342-9647.
- Optometry
- Other: _____

Go to: Immunizations (2nd Floor, Behind Gift Shop)

Follow-up with your provider in _____ or if your condition does not improve.

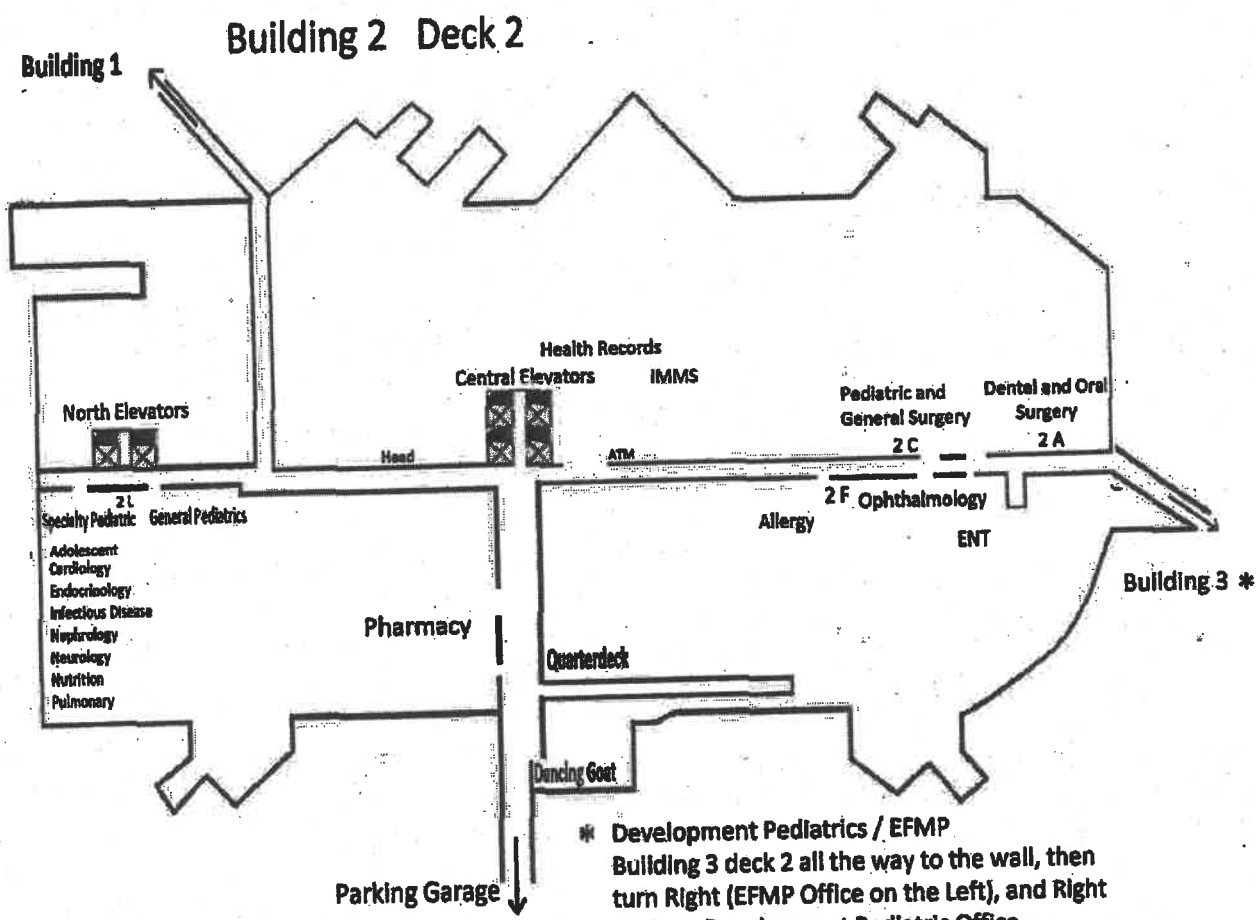
Additional Instructions: _____

Important Phone Numbers:

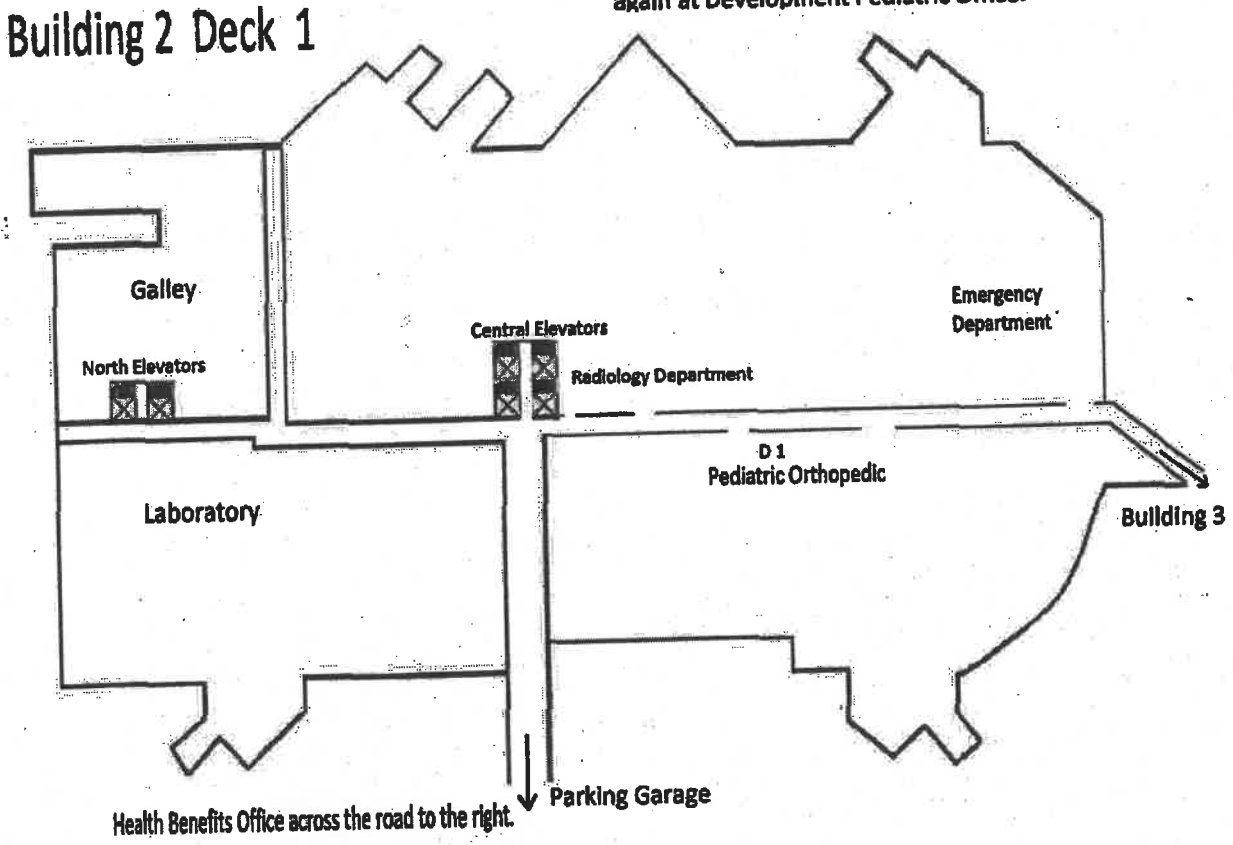
- Appointment Line: (866)-645-4584
- 24 hour Counseling Self-Referral Hotline: (800)-342-9647
- Infant and Toddler Connection of Virginia: (800)-234-1448
- Nurse Advice Line: (800)-TRICARE (option#1)
- Poison Control: (800)-222-1222
- Humana East Information: (800)-444-5445
- X-RAY: (757)-953-XRAY
- Humana Military: <https://www.humana.com>
- Secure Messaging: identity.tolsecuremessaging.com

**QR Code App
Interactive Customer Evaluation**





* Development Pediatrics / EFMP
 Building 3 deck 2 all the way to the wall, then turn Right (EFMP Office on the Left), and Right again at Development Pediatric Office.



M-CHAT-R™

Please answer these questions about your child. Keep in mind how your child usually behaves. If you have seen your child do the behavior a few times, but he or she does not usually do it, then please answer **no**. Please circle **yes** or **no** for every question. Thank you very much.

- | | | |
|---|-----|----|
| 1. If you point at something across the room, does your child look at it?
(FOR EXAMPLE, if you point at a toy or an animal, does your child look at the toy or animal?) | Yes | No |
| 2. Have you ever wondered if your child might be deaf? | Yes | No |
| 3. Does your child play pretend or make-believe? (FOR EXAMPLE, pretend to drink from an empty cup, pretend to talk on a phone, or pretend to feed a doll or stuffed animal?) | Yes | No |
| 4. Does your child like climbing on things? (FOR EXAMPLE, furniture, playground equipment, or stairs) | Yes | No |
| 5. Does your child make <u>unusual</u> finger movements near his or her eyes?
(FOR EXAMPLE, does your child wiggle his or her fingers close to his or her eyes?) | Yes | No |
| 6. Does your child point with one finger to ask for something or to get help?
(FOR EXAMPLE, pointing to a snack or toy that is out of reach) | Yes | No |
| 7. Does your child point with one finger to show you something interesting?
(FOR EXAMPLE, pointing to an airplane in the sky or a big truck in the road) | Yes | No |
| 8. Is your child interested in other children? (FOR EXAMPLE, does your child watch other children, smile at them, or go to them?) | Yes | No |
| 9. Does your child show you things by bringing them to you or holding them up for you to see – not to get help, but just to share? (FOR EXAMPLE, showing you a flower, a stuffed animal, or a toy truck) | Yes | No |
| 10. Does your child respond when you call his or her name? (FOR EXAMPLE, does he or she look up, talk or babble, or stop what he or she is doing when you call his or her name?) | Yes | No |
| 11. When you smile at your child, does he or she smile back at you? | Yes | No |
| 12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?) | Yes | No |
| 13. Does your child walk? | Yes | No |
| 14. Does your child look you in the eye when you are talking to him or her, playing with him or her, or dressing him or her? | Yes | No |
| 15. Does your child try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, or make a funny noise when you do) | Yes | No |
| 16. If you turn your head to look at something, does your child look around to see what you are looking at? | Yes | No |
| 17. Does your child try to get you to watch him or her? (FOR EXAMPLE, does your child look at you for praise, or say “look” or “watch me”?) | Yes | No |
| 18. Does your child understand when you tell him or her to do something?
(FOR EXAMPLE, if you don’t point, can your child understand “put the book on the chair” or “bring me the blanket”?) | Yes | No |
| 19. If something new happens, does your child look at your face to see how you feel about it?
(FOR EXAMPLE, if he or she hears a strange or funny noise, or sees a new toy, will he or she look at your face?) | Yes | No |
| 20. Does your child like movement activities?
(FOR EXAMPLE, being swung or bounced on your knee) | Yes | No |