Today's Date:_____

Patient Name:	FMP and Sponsor SSN last four:	Contact Number: Date of Birth:

3 YEAR WELL CHECK

Do you have any specific concerns today?_____

_____

(Please complete information below: If filled out before, list only changes since the last visit.)

Chronic Medical Conditions	**Surgeries/Hospitalizations (Dates)**	**Family History (biological siblings, parents, grandparents)**	**Medications (PLEASE INCLUDE DOSAGE)**
		Allergies **Asthma** **Other:**	**(Include over-the-counter meds, Tylenol, Motrin, vitamins, herbal supplements):**

Please list any known allergies your child has (drug, food, latex)_____ □ No Allergies

Circle if anyone in the family has had: Genetic or Metabolic Disease Kidney Disease Deafness before age 5

Birth Defects Early Death or Sudden Unexplained Death of Infant or Child (to include SIDS)

Are your child's immunizations up to date? □ Yes □ No

Who does the child live with? _____

Does your child attend: □ Daycare □ Preschool □ Kindergarten □ Home- Schooled

Does anyone in the family smoke or is your child exposed to secondhand smoke? □ Yes □ No

Do you & and your child feel safe at home? □ Yes □ No

Is your child a picky eater? □ Yes □ No **Servings of fruits and vegetables per day?___ # of times per week eating fast food?____**

Usually eats dinner as a family? □ Yes □ No **Eats breakfast as a family?** □ Yes □ No

Drinks milk? □ Yes □ No **How many ounces per day? ____ Type of milk:** □ Whole □ 2% □ 1% □ Skim

Drinks juice? □ Yes □ No **How many ounces per day? ____ Caffeinated beverages?** □ Yes □ No **How many per week? ____**

Does your child get at least one hour of physical activity 5 time per week? □ Yes □ No **Type of activity: _____**

How many hours of exposure to TV/Video games/ Computer time does your child have per day? _____

Toilet training? □ Bladder trained □ Bowel trained □ Currently toilet training □ Haven't started

Circle if you have concerns about: Bowel movements / Constipation / Sleep problems

Check all the following that apply to your child:

Social/ Cognitive Communicative/ Physical Development	
□ Plays make believe	□ Most words are understandable
□ Toilet trained during the day	
□ Copies Circle	
□ Speaks in multiple word sentences	

Preferred Language: □ English □ Other:_____

What is your preferred method of learning: □ Verbal □ Written □Visual □ Other: _____

Are there any cultural or religious considerations that may affect your child's healthcare? □ Yes □ No _____

Is your child enrolled in the Exceptional Family Member Program (EFMP/ Q-coded)? □ Yes □ No

Is the child's sponsor currently deployed? □ Yes □ No

Is this visit deployment related? □Yes □ No

Today's Date:_____

BP		**HT**	
HR		**WT**	
		HC	
Vision Screener		□ Pass	□ Fail

Pain: □ Yes □ No **Location of Pain** _____

Immunizations UTD per AFCITA: □ Yes □ No **Technician Signature:**_____

HPI:

NE	Examination:	Normal	Abnormal
□	**General:**	□ Active/Alert/WN/WD/NAD/ not dysmorphic	□
□	**Head/Neck:**	□ NCAT/Nontender/FROM	□
□	**Eyes:**	□ RR X2, nl corneal reflex, EOMI, no strabismus	□
□	**R ear:**	□ TM gray/nl landmarks, nl pinna/ext ear canal	□ Bulging/immobile/red
□	**L ear:**	□ TM gray/nl landmarks, nl pinna/ext ear canal	□ Bulging/immobile/red
□	**Nose:**	□ Patent, No congestion/discharge	□ Congested
□	**Oropharynx:**	□ Pink, moist, no lesions □ Teeth: Nl, no signs of caries	□
□	**Lungs:**	□ CTAB, no retractions, nl WOB	□
□	**CV:**	□ RRR, no murmur, strong femoral pulses, cap refill < 2 sec	□
□	**Abd:**	□ Soft, NT, no HSM, no mass, nl BS, no umbilical/inguinal hernia	□
□	**Ext/Spine:**	□ NL, FROM, nontender, no edema, no lumbosacral pits	□
□	**Skin:**	□ No rash, No bruises	□
□	**Hips:**	□ Full ROM, Symmetric leg folds	□
□	**Neuro:**	□ Normal tone/strength/symmetry	□
□	**Genitalia:**	□ Nl female/no adhesions □ Nl male, Testes down	
□	**Other findings:**	□	□

LABS/X-RAYS: □ H&H (12 months): □ Lead Screening (if applicable)

PLAN:

F/U: at next well child visit at___months, sooner if parental concerns
□ Patient and/or parent verbalizes understanding of treatment and plan □ Anticipatory guidance handout provided

PREVENTION: □ Nutrition □ Sippy Cups/No Bottle □ Dental care □ Safety/Falls □ Car Seat □ Child-proofing the house
□ Tobacco avoidance

Signature:_____**Date:**_____
Stamp:

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RECORDS MAINTAINED AT: ▶			
PATIENT'S NAME *(Last, First, Middle Initial)*			SEX
RELATIONSHIP TO SPONSOR	STATUS		RANK/GRADE
SPONSOR'S NAME		ORGANIZATION	
DEPART./SERVICE	SSN/IDENTIFICATION NO.		DATE OF BIRTH

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