



MCSF TCO BAS

HOURS OF OPERATION

Monday

Student Sickcall: 0700-0830 (Last call at 0815)

Staff Sickcall: 0830-1030 (Last call at 1015)

Lunch/PT: 1100-1300

PRP/PHAs/Physicals: 1300-1530

Tuesday

Student Sickcall: 0700-0830 (Last call at 0815)

Staff Sickcall: 0830-1030 (Last call at 1015)

Lunch/PT: 1100-1300

PRP/PHAs/Physicals: 1300-1530

Wednesday:

Student Sickcall: 0700-0830 (Last call at 0815)

Staff Sickcall: 0830-1030 (Last call at 1015)

Lunch/PT: 1100-1300

PRP/PHAs/Physicals: 1300-1530

Thursday:

Admin: 0700-1100 (**WILL SEE URGENT PERSONNEL ONLY**)

Lunch/PT: 1100-1300

Corpsman/Navy Training: 1300-1430

Friday:

Student Sickcall: 0700-0830 (Last call at 0815)

Staff Sickcall: 0830-1030 (Last call at 1015)

Lunch/PT: 1100-1300

PRP/PHAs/Physicals: 1300-1530

Corpsman Contact List

Name	Office Phone	Cell Phone
HM1 Hessamfar (SMDR/IDC)	(757) 953-6255	(757) 403-0670
HM1 Mitchell (LPO)	(757) 953-6290	(916) 230-0327
HM2 Salinas	(757) 953-6261	(956) 659-9109
HM2 Fuller	(757) 953-6261	(518) 223-4936