

Check us out Online

www.med.navy. mil/sites/nmcp2

Click Healthcare Services -> Patient Services -> Pediatric Department

Clinic forms and resources available for download: Developmental Milestones Virginia School Physical Forms School Medication Administration Forms And More...

Communicate with your provider online through RelayHealth

Online Access to your medical record

- -schedule appointments
- -request referrals
- -review lab results
- -refill prescriptions
- -email your provider for non-urgent clinical advice

Register Today at: www.relayhealth.com

Steps to Register:

- -> click "Register" on top right of home page
- -> select "patient"
- -> complete enrollment information, "submit"
- -> "Add provider"
- -> Search for your Primary Care Manager



Clinic Hours: Monday-Friday, 7:30 am - 4:00 pm

Contact Us:

TRICARE Hampton Roads Appointment Center

Military Treatment Facility Appointments

1-866-MIL-HLTH (1-866-645-4584) M-F 0600-2000 Sat and Sun 0700-1530

NMCP Pediatrics

During Office Hours: Front Desk (757) 953-7716 Opt 3

After hours and weekend

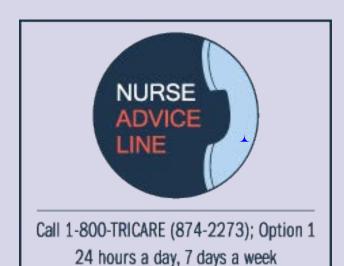
appointments available at our
Branch Clinics
Please call the Apt Center for availability
1-866-MIL-HLTH (1-866-645-4584)

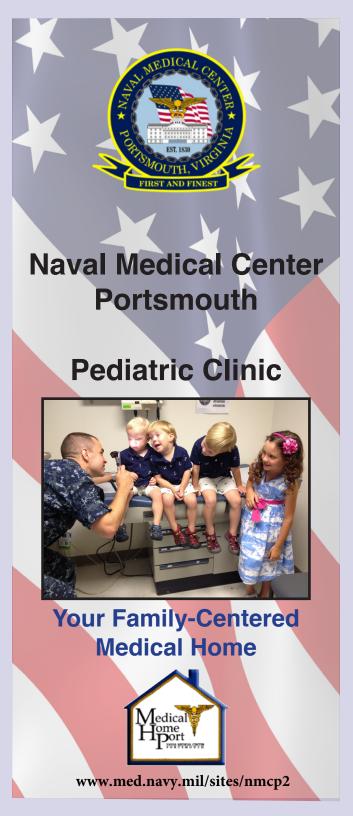
Lactation Clinic

Call us to self-refer 757-953-2971

TRICARE information

1-877-TRICARE (1-877-874-2273)





Welcome to Pediatrics



The Pediatricians and Pediatric Specialists at Naval Medical Center Portsmouth are dedicated to the care of children, adolescents, and young adults. They have been trained at some of the Nation's best medical schools and residency programs including the Uniformed Services University of the Health Sciences, Walter Reed, Stanford, Harvard, Johns Hopkins, Baylor, University of Virginia, just to name a few. All of our Pediatric Faculty are boardcertified physicians, active in research and passionate about training the next generation of military pediatricians. The pediatric training program is ranked among the best in the country.* You should expect and we aim to provide nothing but an exceptional visit.

Pediactric Specialty Clinics

Adolescent Medicine
Cardiology
Pediatric Development
Endocrinology
Gastroenterology Genetics
Hematology /Oncology
Infectious Disease
Nephrology
Neurology
Neurology
Nutrition
Occupational Therapy
Physical Therapy
Pulmonary
Speech Therapy



Support Resources

Tricare beneficiaries may self-refer to a counselor who is a network provider accepting tricare at no cost for eight visits.

1-877-TRICARE or www.tricare.mil **Military OneSource** is a free service providing a wide range of support and mental health services.

Call anytime 24/7 to talk, 1-800-342-9647 www.militaryonesource.mil

Fleet and Family Support Services has centers across Hampton Roads, offering a variety of free resources to service members and their families.

757-444-NAVY or www.cnic.navy.mil/navylife

We want to see you when you're feeling well!

Well visits are an opportunity to evaluate your child's growth and development, discuss preventative health, ensure immunizations are up-to-date and address any concerns you have.



New to Hampton Roads?

Please bring in any copies of your **medical records**, **immunizations** and a list of any other providers you have been seeing, along with their contact information so that we may update your electronic medical record. If you do not have copies, our Medical Records Department can help you complete a record request at your initial visit.



^{*} Please visit the American board of Pediatrics at www.abp.org to view the latest data