



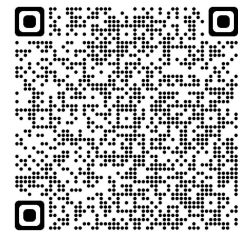
NAVY-MARINE CORPS RELIEF SOCIETY®

VISITING NURSE PROGRAM

The NMCRS Visiting Nurse Program provides FREE home visits by Registered Nurses for the purpose of health education, support, and resource referral.

- Prenatal and Postpartum Support
- Breastfeeding Education
- Newborn Care Information
- Infant Weight Checks
- New Diagnosis Information
- New Medication Education

Scan the QR code to fill out the online
Visiting Nurse Referral Form.



HAMPTON ROADS VISITING NURSES

Portsmouth, Chesapeake, Suffolk and Smithfield

Molly Curtis, BSN, RN, IBCLC
757-685-7660
molly.curtis@nmcrs.org

Norfolk, Virginia Beach, Hampton, and Newport News

Sandy Thompson, RN
757-478-3852
sandra.thompson@nmcrs.org

Meara Oppelaar, BSN, RN
757-478-0657
meara.oppelaar@nmcrs.org

