

PATIENT PROCEDURE DO & DON'T INFORMATION SHEET

You have been scheduled for a procedure in the Gastroenterology/Endoscopy Center. This sheet has been created to provide you with information regarding what to do and not to do in order for a successful visit. Please read the information carefully and with the understanding that any violation could cause a delay or the cancellation/rescheduling of your appointment.

DO

- **Do-Read the procedure instruction sheet in advance.** This will enable you to call and ask questions prior to your procedure and will give you a better understanding as to what is being asked of you.
- **Do-Call** the clinic if you have any concerns or feel confused about what is being asked of you **(757) 953-2003/04.**
- **Do-Have a driver available** to spend at least 3 hours in the clinic with you. You will not be able to drive home after the procedure. Your driver **must be present upon arrival and remain in the clinic** until your discharge. He/She may go to the restroom or to get something to eat/drink, however, we ask that they check in and out at the front desk when doing so. With your permission, your physician may need to give discharge instructions and or results to your driver after your procedure, so they need to be accessible. **Sorry, there are no exceptions.**
- **Do-**We do ask that you **utilize the day care** that the hospital provides for children not being seen. To make the appropriate arrangements please call **(757) 953-6904.** Reservations and immunization records may be required.

PLEASE DO NOT

- **Do Not-Present to the clinic without a driver** who cannot remain at the hospital for the duration of your visit (approx.3hours). If you present to the front desk for check-in without your driver you will not be checked in until your driver arrives, which could delay your check in process.
- **Do Not-Eat or drink after midnight the night before your procedure.** SIPS of water are allowed only for those who take approved medications. Those who have to continue a bowel prep for morning and afternoon procedures–please follow prep instructions, being sure not to drink anymore than instructions state.

I have read the above instructions and understand what is expected of me for my safety. If not followed, I also understand that my procedure will be cancelled and rescheduled for a later date. If I should have any further questions, I know I can call the Gastroenterology /Endoscopy Center at (757) 953-2003/4 between the hours of 0800-1600.

Patients Signature

Date and Time

Witness Signature

Date and Time