

BOICE SLEEP DISORDERS LABORATORY  
**NAVAL MEDICAL CENTER**

CHARENTE HEALTH CARE CENTER  
620 JOHN PAUL JONES CIRCLE  
PORTSMOUTH, VIRGINIA 23708-2197

**PHONE: (757) 953-7781**

**FAX: (757) 953-7792**



**Our Standby appointments are for patients who wish to get studied at an earlier date. This is not an actual appointment to come in. If a scheduled patient does not show for their appointment, the Sleep Lab staff will call in a Standby patient to take their place. Standby patients are usually called between the hours of 2000 (8 PM) and 2100 (9 PM).**

**If you request to be placed on the Standby List and do not answer your phones when called, you will be removed from the standby list and have to wait until your scheduled Sleep Lab appointment for your sleep study.**

**If you have not been called by 9PM, you can assume the scheduled patients have all made their appointment. Please be aware, if you are a Standby patient you must adhere to the instructions provided to prepare for a sleep study.**

**If you were not called in and would like another Standby appointment, please give the Sleep Lab/Clinic a call between the hours of 0730 and 1600. If there are any questions please give us a call.**

**I have read the above notice and agree to comply.**

**Print Name** \_\_\_\_\_

**Date** \_\_\_\_\_

**Signature** \_\_\_\_\_