



Region Legal Service Office, Mid-Atlantic Legal Assistance Department

New Parent Services at Legal Assistance

What is Legal Assistance?

Navy legal assistance offers free legal services to eligible active duty service members, eligible dependents, and retirees. Legal assistance helps Sailors and their families to proactively prepare for the legal challenges and adventures associated with children.

Will and estate planning documents direct the care of children, establish guardianships, and create trusts to pass estates to minor children after a parent's death. Whether a new parent, a blended family (with step and/or adopted children), or a child with special needs, our attorneys provide tailored legal solutions to meet the unique legal challenges of family life.

Estate Planning Services:

- Wills and estate documents (individual and for couples)
- Trusts for minor children
- Guardianship for minors
- Beneficiary designations
- Powers of attorney (special, healthcare, and general)
- Advance medical directives
- SGLI beneficiary designations

Family Law Services:

- Paternity
- Child custody/visitation
- Child support
- Adoption
- Dependent non-support
- Exceptional Family Member Program matters
- Victims of domestic violence

What is a Legal Assistance Attorney?

A legal assistance attorney is a military judge advocate or civilian attorney who personally represents the interests of the individual client in civil legal matters by advising and educating.

Legal assistance is a separate office that only handles personal civil matters. Any criminal or military justice matters will be referred to the appropriate office.

During first-come, first-served walk-in hours, you will be able to meet with a legal assistance attorney to discuss a range of family specific topics. Call or stop by.

Naval Station Norfolk

Legal Assistance Office
Building A-50 (9620 Maryland Ave)
Quarterdeck – (757) 341-4489

Walk-in Hours:

Mon - Thurs: 0745-1145, 1245-1545
Fri: 0900-1245

Joint Expeditionary Base Little Creek

Legal Assistance Branch Office
Building 3370 (1168 Gator Blvd)
Quarterdeck – (757) 462-4759

Walk-in Hours:

Mon, Tues, Thurs: 0745-1145, 1245-1545
Wed: 0745-1145 – afternoons closed
Friday: Closed

***** While Legal Assistance is here to support you and your family, children will not be allowed beyond the security screening or into the attorney's office.*****

More information at: https://www.jag.navy.mil/legal_services/rlso/rlso_mid_atlantic.htm

This handout is for information purposes only and is not intended to be legal advice. If you need legal advice and assistance, you may seek legal advice from a Legal Assistance Office, which can be located at http://www.jag.navy.mil/legal_services.htm