

## **PATIENT INFORMATION**

### **NEW PATIENTS:**

The first visit is a comprehensive exam with your provider, skin testing will be completed if applicable. If you are being evaluated for allergic rhinitis (allergy symptoms), please stop your allergy medications 5 days prior to your appointment. If you are being evaluated for hives or other drug related issues then continue with your medications.

If you have questions, please call the clinic for clarification.

### **FOLLOW-UP APPOINTMENTS:**

- Call HRAC (Hampton Roads Appointment Center): 1-866-645-4584
- Skin testing appointments – MUST call the clinic at 757-953-2195
- Skin testing information is provided on link found on the website
- If Refills are needed, please call the clinic to place an order for the medications needed and where to pick them up. This can take up to 72 hours to complete. If there is a question, we will call you, if not, you can pick them up at your designated pharmacy.
  - Chronic Medications may also be filled through the mail order pharmacy if you participate in this service.
    - In order to continue your medications and receiving refills, you must see one of our providers at least yearly.

### **CURRENT SHOT PATIENTS:**

- Follow-up appointment is required with Refill shots. If you are coming from an outlying clinic, please make sure you bring your Reference record (shot record) with you.
- If an EPI PEN is required, you MUST have that with you in order to get your shot.
- If you are from an outlying clinic, please call us for refills at least 4-6 weeks prior to expiration date.