

SARP Information Sheet

Who

- Active duty ONLY
- 3 floors and no elevator so must be ambulatory
- Dual Diagnosis accepted, however must be cleared from current active SI/HI/delusions

Substance-Related and Addictive Disorders

- DSM-5-TR
- A problematic pattern of drug use leading to clinically significant impairment or distress, as manifested by at least two of the following, occurring within a 12-month period
- Mild: Presence of 2–3 symptoms
- Moderate: Presence of 4–5 symptoms
- Severe: Presence of 6 or more symptoms
- Mild/Moderate/Severe – pick one, do not combine (i.e. mild to moderate)

Prime for Life (Level .5)

- 3 day psychoeducational course
- Early intervention or prevention
- Teaches responsible use
- Generally for no diagnosis
- Virtual, Portsmouth, Oceana, and Little Creek
- Per ASAM - Called Early Intervention for Adults and Adolescents, this level of care constitutes a service for individuals who, for a known reason, are at risk of developing substance-related problems, or a service for those for whom there is not yet sufficient information to document a diagnosable substance use disorder

Level 1

- 2 week outpatient program
- Teaches responsible use
- Mild alcohol diagnosis or no dx with significant stressors (e.g. DUI)
- Psychoeducational group
- Virtual, Portsmouth
- Per ASAM - Called Outpatient Services for adolescents and adults, this level of care typically consists of less than 9 hours of service/week for adults, or less than 6 hours a week for adolescents for recovery or motivational enhancement therapies and strategies. Level 1 encompasses organized services that may be delivered in a wide variety of settings.

Level 2.1

- Intensive Outpatient
- 6weeks, 3 times per week (M/W/F)
- Abstinence based
- Moderate substance abuse disorders with safe/sobber/supportive home environment
- Entirely virtual
- Per ASAM - Called Intensive Outpatient Services for adolescents and adults, this level of care typically consists of 9 or more hours of service a week or 6 or more hours for adults and adolescents respectively to treat multidimensional instability. Level 2 encompasses services that are capable of meeting the complex needs of people with addiction and co-

occurring conditions. It is an organized outpatient service that delivers treatment services during the day, before or after work or school, in the evening, and/or on weekends.

Level 2.5

- Partial Hospitalization
- 4-5 weeks
- Abstinence based
- Moderate substance abuse disorders with safe/sober/supportive home environment, reliable transportation
- Portsmouth
- Per ASAM - Called Partial Hospitalization Services for adolescents and adults, this level of care typically provides 20 or more hours of service a week for multidimensional instability that does not require 24-hour care. Level 2 encompasses services that are capable of meeting the complex needs of people with addiction and co-occurring conditions. It is an organized outpatient service that delivers treatment services usually during the day as day treatment or partial hospitalization services.

Level 3

- 35-day (5 week) residential program
- Abstinence based
- Moderate to severe substance use disorders
- Located in Portsmouth
- 38 bed residential facility
- Appropriate for Pt who is unlikely to be able to sustain abstinence throughout treatment, rocky home support due to use that may impact treatment
- Per ASAM - Called Clinically Managed Low-Intensity Residential Services, this adolescent and adult level of care typically provides a 24 hour living support and structure with available trained personnel, and offers at least 5 hours of clinical service a week. Level 3 encompasses residential services that are described as co-occurring capable, co-occurring enhanced, and complexity capable services, which are staffed by designated addiction treatment, mental health, and general medical personnel who provide a range of services in a 24-hour living support setting.

Aftercare

- Continuing care
 - Weekly counselor-led group meetings
- Meetings with DAPA
- AA/NA meetings
- Participation in Navy MORE
- Referrals to other healthcare providers
- Aftercare plans are up to the command. SARP makes recommendations, but a command can decide to alter or discontinue the aftercare requirements

Internal Referrals

- Can be done via Genesis or Referral Form found on SharePoint
- Genesis note must contain rationale for DX and justification for recommendation of Level of Care

External Referrals

- Require completed DAPA Package emailed to USN NSA HR NAVHOSP PORS VA List NMCP-SARPADmissions
 - usn.hampton-roads.navhospporsva.list.nmcp-sarpadmissions@health.mil

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