

What:

TRICARE Benefit briefings for Newborn Parents

Covered Topics Include:

- DEERS eligibility and registration process
- Benefits and comparison description of available TRICARE Health Plan options (Prime/Select)
 - TRICARE plan enrollment process
- Guidance from the TRICARE Managed Care Support Contractor (Humana Military) on how to obtain a breast pump and Lactation services

When:

4th Monday of each month from 1000-1100

Who/Target Audience:

- Newborn parents in third trimester
- All TRICARE eligible beneficiaries to include ADSM

Where/Location:

- NMCP Internal Medicine Conference room

620 John Paul Jones Cir
Portsmouth, VA 23708
Bldg 2, 2nd Floor

**Presented by the NMCP Health Benefits
Team and Humana Military**



TRICARE®

