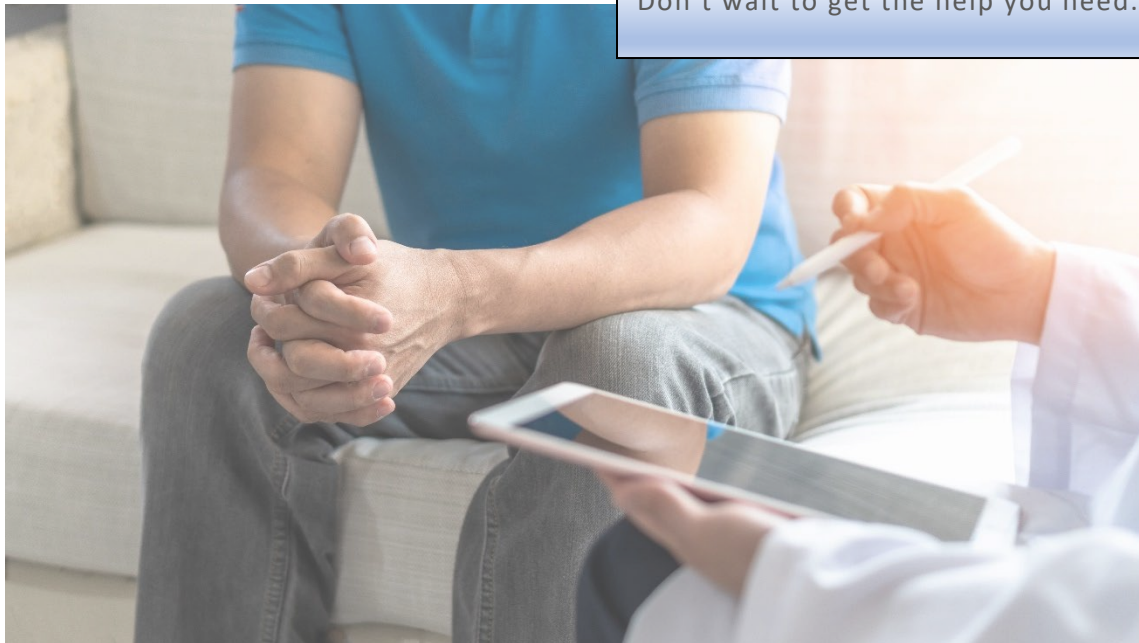


Mental Health Connect

As a service member transferring to the Hampton VA Medical Center, **you do not need a referral from your primary care physician to begin mental health services.** Mental Health Connect is a same-day, walk-in service where veterans can establish care. The clinicians at Connect will assess your needs and get you connected with services. They can also provide refills of many psychiatric medications.

To access Mental Health Connect, go to Building 144 at the Hampton VAMC between the hours of 8:30AM and 3:00PM, and let the front desk know you are there for Connect services. Services are walk-in, in-person only. If you need medication refills, please bring your medication bottles with you. The number for the mental health clinic is 757-722-9961, extension 3584.

Don't wait to get the help you need.



Hampton VA Medical Center
100 Emancipation Drive.
Hampton, VA 23667