



# BREASTFEEDING BASICS CLASS

VIRTUAL & IN-PERSON  
CLASS OPTIONS AVAILABLE

HOSTED BY

HAMPTON ROADS  
VISITING NURSE

MOLLY CURTIS  
BSN | RN | IBCLC



**A class designed for those who are planning to breastfeed, currently breastfeeding, or are unsure and still seeking information.**

✓ **Sign-up** by scanning the QR code, or you can text, call, or e-mail Molly.



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Register here for a NMCRS Visiting Nurse appointment.

