

# HR WICS

## Hampton Roads Walk in Contraception Services



## No referrals needed

Sites are not service specific.  
Patients and families can go to any site regardless of branch of service.

### ***Locations and hours***

Branch Health Clinic Norfolk OBGYN: Tuesday and Wednesday 0700 -1430

NMCP OBGYN Clinic: Thursday 0800-1200

Langley GYN: Wednesday- 07:30 - 11-30 *\*active duty paps only*

McDonald Army Health Center GYN: Tuesday - Friday 0800 *\*ends*

*based on capacity*

### ***Services offered***

Full scope contraception services

Sexually transmitted infection testing

Emergency contraception

Plan B available at the pharmacy with no provider visit necessary

These sites offer Active Duty Pap Smears during WICS

Please arrive at start of clinic hours, limited spots available, first come, first served based on available resources/providers.

**Scan QR code for details**



<https://portsmouth.tricare.mil/Health-Services/Contraceptive-Care>

# Hampton Roads OBGYN Services Overview

## McDonald Army Health Center

Bldg 575 Jefferson Ave, Ft Eustis VA

757-314-7606

M-F 0730-1630

Closed 1200-1300 (Lunch) Closed 1200 every 3<sup>rd</sup> Thursday (Training)

<https://mcdonald.tricare.mil/Health-Services/Womens-Health-Pregnancy>

Routine and complicated gynecology to include outpatient surgical services

Full scope contraception (Walk in services available)

Testing and treatment for sexually transmitted and other gynecologic infections

Well woman exams

Breast exams

Management of abnormal pap smears/colposcopy/excisional procedures

Inferility evaluation and treatment

Postpartum care

## BHC Dam Neck Annex

1885 Terrier Ave, Suite 100, Virginia Beach VA

757-953-9886

M-F 0700-1530

Closed 0700-1300 the 3<sup>rd</sup> Thursday of the month for training.

<https://portsmouth.tricare.mil/Clinics/Dam-Neck-Annex>

Routine obstetrics and postpartum care

Routine gynecology

Full scope contraception

Well woman exams

## NMC-Portsmouth

620 John Paul Jones Circle, Portsmouth VA

Building 2, 4<sup>th</sup> floor, 4C/4D

757-953-4300

M-F 0720-1530

Limited available Thursday 0720-1200 (Training)

<https://portsmouth.tricare.mil/Health-Services/Womens-Health/Obstetrics>

Routine and complicated obstetrics and postpartum care

Level 2 obstetric ultrasound

Fetal assessment unit

Routine and complicated gynecology with full scope surgical services, including DaVinci Robotic surgery

Surgical CO2 laser capabilities

Full scope contraception (Walk in services available)

Testing and treatment for sexually transmitted and other gynecologic infections

Well woman exams

Management of abnormal pap smears/colposcopy/excisional procedures

Gynecologic Oncology and chemotherapy services

Reproductive Endocrinology and Inferility with referral for IVF/ART

Limited Female Pelvic Medicine and Reconstructive Surgery/Urogynecology

Mammography services and Breast Clinic

Covered abortions are offered per DoD policy up to 24wga

## Joint Base Langley

77 Nealy Ave, Hampton VA East Wing, 1st Floor

757-225-7630 - option 5

M-F 0730-1630

By appointment only for non-walk in contraception needs

<https://langleyeustis.tricare.mil/Health-Services/Womens-Health-Pregnancy>

Routine gynecology, excluding surgical management

Full scope contraception (Walk in services available)

Testing and treatment for sexually transmitted and other gynecologic infections

Well woman exams

Management of abnormal pap smears/colposcopy

Inferility evaluation

incontinence and pelvic organ prolapse

## BHC Naval Station Norfolk (Sewells Point Clinic)

1721 Admiral Taussig Blvd, Norfolk VA

757-953-9037

M-F 0700-1530

Closed 0700-1300 the 3<sup>rd</sup> Thursday of the month for training.

<https://portsmouth.tricare.mil/Clinics/NAVSTA-Norfolk-BHC/Womens-Health>

Routine obstetrics and postpartum care

Routine gynecology

Full scope contraception (Walk in services available)

Testing and treatment for sexually transmitted and other gynecologic infections

Well woman exams

