

# NMRTC PORTSMOUTH: GENERAL PRACTICE RESIDENCY



The GPR is a one-year, ADA-accredited postgraduate program designed to expand recent dental school graduates' knowledge and clinical expertise. It affords opportunities to observe and treat a wide range of dental and medical conditions under the tutelage of experienced mentors.

## GENERAL PROGRAM GOALS

The overall programmatic goals are in accordance with the standards described by the Commission on Dental Accreditation (CODA), which states that the GPR residency will prepare the Resident to:

1. Act as a primary care provider for individuals and groups of patients. To include: providing emergency and multidisciplinary comprehensive oral healthcare, providing patient-focused care coordinated by the general practitioner, and directing health promotion and disease prevention activities.
2. Plan and provide multidisciplinary oral healthcare for a wide variety of patients, including patients with special needs.
3. Manage the delivery of oral healthcare by applying patient and practice management concepts and quality improvement that are responsive to a dynamic healthcare environment.
4. Function effectively within the hospital and other healthcare environments.
5. Function effectively within interdisciplinary healthcare teams.
6. Apply scientific principles to learning and oral healthcare. To include using critical thinking, evidence or outcomes-based clinical decision-making, and technology-based information retrieval systems.
7. Utilize the values of professional ethics, lifelong learning, patient-centered care, adaptability, and acceptance of cultural diversity in professional practice.
8. Understand the oral health needs of communities and engage in community service.

# NAVAL MEDICAL CENTER PORTSMOUTH

620 John Paul Jones Circle, Portsmouth, VA 23708

<https://portsmouth.tricare.mil/>



Naval Medical Center, Portsmouth occupies a 112-acre site along the Elizabeth River in downtown Portsmouth, Virginia. It is located on the original site of Fort Nelson which was built in 1776 to provide harbor defense for Norfolk and Portsmouth. In 1827, construction began on the Naval Hospital, and by July 1830, a portion of Building One was occupied. Naval Medical Center, Portsmouth has provided continuous care since that time and remains the oldest hospital in the U.S. Navy. In 1960, Building 215 was constructed to accommodate the ever-increasing demands of the Naval Medical Center. As the military establishment grew, Naval Medical Center, Portsmouth became the major military medical facility serving active duty Navy, Marine Corps, Army, Air Force, and Coast Guard, their families, retired personnel, their dependents and other beneficiaries authorized treatment in uniformed services clinics and hospitals. In June 1990, the Naval Medical Center broke ground on a major construction project designed to build a modern replacement hospital with extensive support structures and services. The project was completed in 1998 and began operations in 1999. The Charette Health Care center is a 1.02 million square foot facility and the most modern available in the Navy inventory. The center contains over 300 clinical exam rooms, 140 specialty exam rooms, and 17 operating rooms. In addition, the base features a research facility equipped for animal research projects, a mini mall with a Navy Exchange, banking services, galley and fast food operations, Olympic-sized pool, state-of-the-art gyms, MWR services, and a library.



# DIDACTIC CURRICULUM

- **Clinical Dentistry and Advanced Treatment Planning**
  - Clinical Photography
  - Patient Care Conferences
- **Hospital and Special Care Dentistry**
  - Pediatrics
  - Trauma
  - Emergency Dental Care
  - Radiation and Chemotherapy Dental Clearance
  - Special Patient Care/Operating Room Dentistry
- **Pain, Sedation, and Anxiety Control**
  - Nitrous Oxide
  - Oral Sedation
  - IV Sedation
- **General Anesthesiology**
- **Emergency Medicine**
- **Periodontics**
  - Crown Lengthening
  - Extraction and Ridge Preservation
- **Endodontics**
  - Rotary
- **Complex Restorative**
  - Fixed Prosthodontic
  - CAD/CAM
  - Biomaterials
- **Orthodontics**
- **Diagnostic and Biological Sciences**
  - Oral Radiology(CBCT)
  - Oral Pathology
  - Orofacial Pain
- **Oral and Maxillofacial Surgery**
  - Complex Dentalveolar
  - Managing Complications
  - Managing Complex Medical conditions
- **Ethics and Practice Management**
- **Community Service**



# EXAMPLE ROTATION SCHEDULE

Week	Resident 1	Resident 2	Resident 3	Resident 4	Resident 5
1	CHECK-IN				
2	ORIENTATION				
3	DIGITAL DENTISTRY COURSE				
4	Oral Diagnosis	Endo	Comprehensive Care	Pros	Comprehensive Care
5	Comprehensive Care	Oral Diagnosis	Endo	Comprehensive Care	Comprehensive Care
6	Pedo/Comp	Comprehensive Care	Oral Diagnosis	Endo	Pros
7	Comprehensive Care	OF Pain	Comprehensive Care	Oral Diagnosis	Endo
8	Endo	Pedo/Comp	Pros	Comprehensive Care	Oral Diagnosis
9	OMS	Oral Diagnosis	Comprehensive Care	OF Pain	Comprehensive Care
10	OMS	Pros	Pedo/Comp	Comprehensive Care	Emergency Dept
11	Comprehensive Care	OMS	OF Pain	Oral Diagnosis	Emergency Dept
12	Pros	OMS	Oral Diagnosis	Pedo/Comp	Emergency Dept
13	OF Pain	Comprehensive Care	OMS	Comprehensive Care	Emergency Dept
14	Oral Diagnosis	Comprehensive Care	OMS	Comprehensive Care	Pedo/Comp
15	Comprehensive Care	Anesthesia	Oral Diagnosis	OMS	Comprehensive Care
16	Endo	Anesthesia	Comprehensive Care	OMS	OF Pain
17	Endo	Anesthesia	Comprehensive Care	Oral Diagnosis	OMS
18	Comprehensive Care	Anesthesia	Oral Diagnosis	Comprehensive Care	OMS
19	OMS	Endo	Comprehensive Care	Comprehensive Care	Oral Diagnosis
20	OMS	Endo	Comprehensive Care	Comprehensive Care	Comprehensive Care
21	Comprehensive Care	Comprehensive Care	Comprehensive Care	Comprehensive Care	Oral Diagnosis
22	Comprehensive Care	Comprehensive Care	Comprehensive Care	Comprehensive Care	Comprehensive Care
23	OMS	Comprehensive Care	Anesthesia	Endo	Comprehensive Care
24	OMS	OF Pain	Anesthesia	Endo	Comprehensive Care
25	Emergency Dept	OMS	Anesthesia	OF Pain	Endo
26	Emergency Dept	OMS	Anesthesia	Comprehensive Care	Endo
27	Emergency Dept	OMS	Pedo/Comp	Anesthesia	Comprehensive Care
28	Emergency Dept	OMS	OF Pain	Anesthesia	Comprehensive Care
29	Oral Diagnosis	Emergency Dept	OMS	Anesthesia	Pedo/Comp
30	Pedo/Comp	Emergency Dept	OMS	Anesthesia	OF Pain
31	Comprehensive Care	Emergency Dept	OMS	Oral Diagnosis	Anesthesia
32	Oral Diagnosis	Emergency Dept	OMS	Pedo/Comp	Anesthesia
33	OF Pain	Oral Diagnosis	Emergency Dept	OMS	Anesthesia
34	Comprehensive Care	Pedo/Comp	Emergency Dept	OMS	Anesthesia
35	Comprehensive Care	Comprehensive Care	Emergency Dept	OMS	Oral Diagnosis
36	Oral Diagnosis	Comprehensive Care	Emergency Dept	OMS	Comprehensive Care
37	C4	C4	C4	C4	C4
38	Comprehensive Care	Comprehensive Care	Endo	Emergency Dept	OMS
39	Comprehensive Care	Oral Diagnosis	Endo	Emergency Dept	OMS
40	Anesthesia	Comprehensive Care	Oral Diagnosis	Emergency Dept	OMS
41	Anesthesia	Comprehensive Care	Comprehensive Care	Emergency Dept	OMS
42	Anesthesia	OMS	Comprehensive Care	Oral Diagnosis	Comprehensive Care
43	Anesthesia	OMS	Comprehensive Care	Comprehensive Care	Oral Diagnosis
44	DOFMT	DOFMT	DOFMT	DOFMT	DOFMT
45	Comprehensive Care	Comprehensive Care	OMS	Comprehensive Care	Comprehensive Care
46	Comprehensive Care	Oral Diagnosis	OMS	Comprehensive Care	Comprehensive Care
47	Oral Diagnosis	Comprehensive Care	Comprehensive Care	OMS	Comprehensive Care
48	Comprehensive Care	Oral Diagnosis	Comprehensive Care	OMS	Comprehensive Care
49	Comprehensive Care	Comprehensive Care	Oral Diagnosis	Comprehensive Care	OMS
50	Comprehensive Care	Comprehensive Care	Comprehensive Care	Oral Diagnosis	OMS
51	OMS	Comprehensive Care	Comprehensive Care	Comprehensive Care	Oral Diagnosis
52	OMS	Comprehensive Care	Comprehensive Care	Comprehensive Care	Comprehensive Care